

# C&H TKD HOME LEARNING

## BREAKING NEWS

- \* **WE ARE BACK IN HALLS** (well, one of them anyway)
- \* Congratulations to Mr John Hooper for being **STUDENT OF THE WEEK**.
- \* **PUMA DAY** 12th September - **DON'T FORGET**
- \* Make sure you are checking the FB page for up to the minute schedule cancellations due to bad weather.

## WEEKLY ROUNDUP

I can't remember the last time I was this excited folks because we're back!!! Well, only one of our halls so far but hopefully the other three won't be far behind.

Juniors are back in our Wednesday hall from **THIS WEEK** (2nd September) Adults will follow soon.

The venue...

### WESTBURY ON TRYM C of E ACADEMY

Channells Hill,  
Bristol  
BS9 3HZ

The class will start at 6:30 for junior white belts, purple stripe, orange stripe, yellow stripe, yellow belt and green stripes. It will finish at 7:15 so students can leave and we have time to clean before the next class. Doboks and belts to be worn please but you will NOT need to bring sparring equipment.

The second class will start at 7:30 and go on till 8:30. This will be all juniors who are Green Belt and above.



Any junior (under 14) who normally train with the adults has a choice. Training for adults and Black Belts will be on the Downs 7pm - 8pm with Mr Heward.

All senior grade juniors are welcome to train on the Downs or come to the hall for their class.

If you are not sure which lesson to attend just drop me an email and I will advise you.

## THINGS YOU NEED TO KNOW

1. If you or your child have any of the C19 symptoms, please **DO NOT** come training.
2. I will need you to confirm your addresses for track and trace purposes. Before you arrive can you please email me with the name of your student, their address and your contact number.
3. When you come in you will need to abide by the posters that are in the school entrance. This will include making sure you use hand sanitiser before you go in and exit the school.
4. Parents are asked to not enter the hall unless they have a child who would be distressed without them. This is to try and keep the numbers down in the hall.
5. Parents are welcome to sit in their cars but please remember the road outside the school gates leads to a nursing home and requires ambulance access at all times. - You will need to come in to the school to collect your child, we won't send anyone out of the building alone.
6. Please drop off and collect on time to allow cleaning and change over times for the second lesson.
7. Sorry but there won't be enough space for siblings to play or wait in the hall whilst the lesson is going on so you will need to make other arrangements.
8. If anyone needs to order anything, ask questions or chat about anything TKD related (or anything else) please email or text rather than chatting in the hall.
9. Classes will be taught without contact or equipment. If you need to pick up any merchandise, please email me and I will have it in the car. I can then pass it on to you either before the 6:30 class starts or after the 7:30 class ends.
10. Please ensure your licences up to date before coming training.



## PRIZEWINNERS

WEEK 1  
TEDDY MELLOR

WEEK 2  
The FAULKNER Family

WEEK 3  
HARRY ROBERTS

WEEK 4  
OLIVER MOLNAR

WEEK 5  
The DUNTHORNE Family

WEEK 6  
EDWARD FRASER-TYTLER

WEEK 7  
KIRAN LIYANAGE

WEEK 8  
OSCAR THORPE

WEEK 9  
JACOB COX

WEEK 10  
MARTYN CHINN

WEEK 11  
JEFF HEWARD

WEEK 12  
THERESA BRISTOW

WEEK 13  
ALEX SKELTON

WEEK 14  
JUDD CHIDWICK

WEEK 15  
TOM BAILEY

WEEK 16  
JAKE BIRNIE

WEEK 17  
HENRY MINH HOANG

WEEK 18  
CHARLIE STOKES

WEEK 19  
GABRIELA MAZUR

WEEK 20  
WILLIAM TOUZEL

WEEK 21  
GABRIEL PREGO GERALDES

WEEK 22  
PETE WILLIAMSON

WEEK 23  
ESME BLAKE

WEEK 24  
JOHN HOOPER

## How to pay for your licence, starter pack, equipment or training fees.

To pay for any merchandise or TKD related expense, just look up the cost on this list and make the payment to the account details below. Then PLEASE EMAIL ME and let me know you have done it.

That way I can issue your new licence or order your new merchandise without delay.

Account : Bristol Taekwon Do Ltd

Account number : 70954076

Sort Code : 08-92-50

### Licences

1st licence (first member of the family) £36

2nd licence (second member of the family) £27

3rd licence (third and subsequent member of the family) £19

### Starter Pack

Adult - £85

Junior - £80

Little PUMA -£75

Includes a suit, belt, licence, training record, handbook and the first month of training.



### Training Fees

All training fees are paid by setting up a standing order (that you control) Current fees are...

Adult/Junior - £36 per month (as many lessons as you like)

Little P.U.M.As - £26 per month (as many lessons as you like)

**FAMILY DISCOUNTS ARE AVAILABLE FOR MORE THAN ONE STUDENT FROM THE SAME FAMILY**

Sparring equipment will be available to order from September. There will also be a small number of second hand kits available.

I now have white suits in stock so if you need to size up or would like to buy a second suit, just let me know your size when you email me to confirm payment.

**Doboks - £45**

**Full Set Sparring Equipment - £140 Girls/ £150 Boys**

Second Hand sets priced individually.

## Monday DOWNS TRAINING for JUNIORS and ADULTS

There will be NO training this Sunday 30th or Monday 31st due to the Bank Holiday.

### CLASS TIMETABLE

**WEDNESDAY** - In the Hall for Juniors at 6:30 and on the Downs for Adults at 7pm.

**THURSDAY** - Zoom classes for Seniors and Black Belts with Mr Heward - please see invites below.

#### **Colour belt training @ 6pm**

Meeting ID: 516 744 8277

Passcode: 369848

#### **Black Stripes and above @ 6:30pm**

Meeting ID: 516 744 8277

Passcode: 369848